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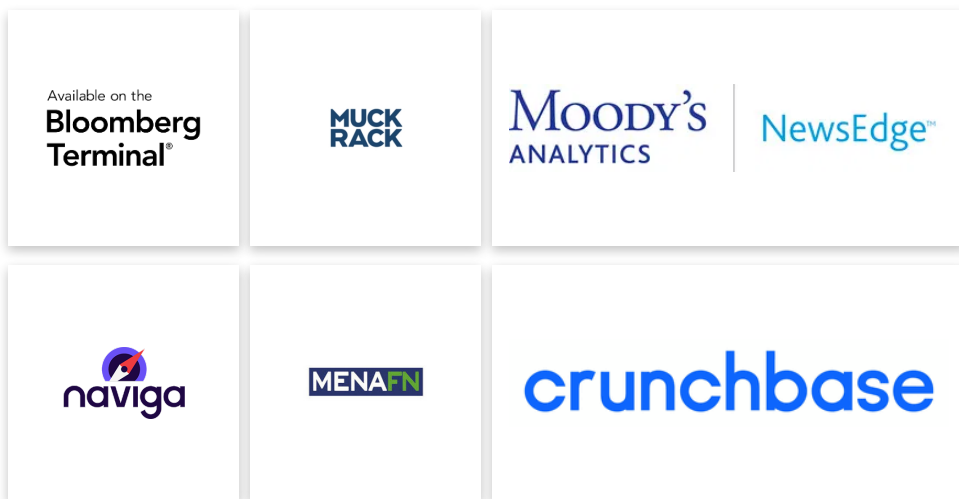





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NEWSnet Myrtle Beach		NEWSnet Austin	
KLAS CBS 8 Las Veags (NV)		WIVT ABC 34 Binghamton (NY)	
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Men Style - Lifestyle		WPIX CW 11 New York City (NY) 
Diet & Fitness For All - Lifestyle		pix.xpr.media
KXMB CBS/CW 12 Bismarck (SD)		The NYC Times - Lifestyle
WYTV ABC 33 Youngstown (OH)		Boost Up Blog - Lifestyle
SignalNews Columbus OH		Hub Spotes - Lifestyle

Classic Hits 92.3		Good Sciencing - Lifestyle	
LuxedB - Lifestyle		SignalNews Cincinnati	
WDKY FOX 56 Lexington (KY)		1st Counsel - XPR Newsroom	
Movie Casting Call - Lifestyle		Gold Mining News - Lifestyle	
NEWSnet Detroit		UC Connection - Lifestyle	
NEWSnet St. Louis		KXAN NBC 36 Austin (TX)	
WPRI CBS 12 East Providence (RI)		Microcap - Lifestyle	
NEWSnet Sioux Falls		WATE ABC 6 Knoxville (TN)	
KELO CBS 11 Sioux Falls (SD)		SignalNews Baltimore	
SignalNews Raleigh		NEWSnet Monterey	
KTVE NBC 10 West Monroe (LA)		WFLA NBC 8 Tampa (FL)	
WMBD CBS 31 Peoria (IL)		NEWSnet Columbia	
SignalNews Austin		Client Internet Marketing - Lifestyle	
WNTZ FOX 48 Alexandria (LA)		SignalNews San Diego	
WDVM 25 Washington D.C. (DC)		NEWSnet Augusta	

XPR Newsroom	KTVI FOX 2 St. Louis (MO) 
Womens Conference - Lifestyle	WBRE NBC 28 Wilkes-Barre (PA) 
Smart Talk - Lifestyle	Wired News Engine - Lifestyle
Paraskevas - Lifestyle	WVNS FOX/CBS 59 Ghent (WV) 
WKRN ABC 2 Nashville (TN) 	NEWSnet Buffalo
Recent Legal News - Lifestyle	Newsblaze - AU - Lifestyle
Rogue. - Lifestyle	KTAL NBC 6 Shreveport (LA) 
California Consumer Banking - Lifestyle	WAVY NBC 10 Portsmouth (VA) 
SignalNews St. Louis	Social-Matic - Lifestyle
Presby Camp - Lifestyle	WEHT ABC25/WTWV CW 7 Henderson (KY) 
KFOR NBC 4 Oklahoma City (OK) 	The Daily Haze - Lifestyle
God Of Sound - Lifestyle	NBlaz - Lifestyle
ONE by FOUR - Lifestyle	Blackberry Empire - Lifestyle
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Entrepreneurd - Lifestyle	WTVO ABC 17 Rockford (IL) 

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WTRF ABC/CBS 7 Wheeling (WV)		KFDX NBC 3 Wichita Falls (TX)	
TV Show Auditions - Lifestyle		The Rogue Mag - Lifestyle	
World of Video Gaming - Lifestyle		WJTV CBS 12 Jackson (MS)	
Street Register - Lifestyle		The Glimpse - Lifestyle	
NEWSnet Sacramento		Aussie 8 - Lifestyle	
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Inspired N - Lifestyle		Lamora - Lifestyle	
Celeb Homes - Lifestyle		Market Research Journals -Lifestyle	
Robo Earth - Lifestyle		Fiction Talk - Lifestyle	
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CFX Magazine - Lifestyle		Digital Ad Blog - Lifestyle	
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Only Golf News - Lifestyle	WCIA CBS 3 Champaign (IL) 
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Baltimore News Journal - Lifestyle	NEWSnet Los Angeles
WVLA NBC 33 Baton Rouge (LA) 	WOOD NBC 8 Grand Rapids (MI) 
KCCR-AM	WJZY FOX 46 Charlotte (NC) 
WANE CBS 15 Fort Wayne (IN) 	SignalNews San Francisco
UBI-Interactive - Lifestyle	Gamezon - Lifestyle
Current 94.3	KWKT FOX 44 Woodway (TX) 
Loop Biz - Lifestyle	Emphasis - Lifestyle
WSPA CBS 7 Spartanburg (SC) 	WOWK CBS 13 Charleston (WV) 
Info Tech Inc - Lifestyle	blerp - Lifestyle
Webe Honey - Lifestyle	Brief Mobile - Lifestyle
Houston News Today - Lifestyle	Teethgrinder - Lifestyle

Successful Daily - Lifestyle		LA Tabloid - Lifestyle	
Humane Network - Lifestyle		WBTW CBS 13 Myrtle Beach (SC)	
WRIC ABC 8 Richmond (VA)		SignalNews Portland OR	
WNCT CBS 9 Greenville (NC)		WGHP FOX 8 High Point (NC)	
WDTN NBC 2 Dayton (OH)		Baret News - Lifestyle	
KYNT-AM		WTTK/WTTV CBS 4 Indianapolis (IN)	
Clean Web - Lifestyle		SignalNews Sacramento	
KNWA NBC/FOX 51 Fayetteville (AR)		The Point News - Lifestyle	
PR Wire India		KRON MyNetworkTV 4 San Francisco (CA)	
SignalNews Detroit		Side Car - Lifestyle	
NEWSnet Louisville		Idea Wins - Lifestyle	
KDAF CW 33 Dallas (TX)		SourceFed - Lifestyle	
Clarity Pointe - Lifestyle		Long Island Report - Lifestyle	
KOLR CBS 10 Springfield (MO)		SignalNews Kansas City	
KVEO NBC 23 Harlingen (TX)		Altius - Lifestyle	

WHTM ABC 27

Harrisburg (PA)



Article Rich - Lifestyle

WJHL ABC/CBS 11

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WWTI ABC 50

Watertown (NY)



NEWSnet Tampa

WSYR ABC 9

Syracuse (NY)



SignalNews San Antonio

Next Mentors - Lifestyle

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SignalNews Indianapolis	Newsblaze - Lifestyle
KGET NBC 17/CW 12 Bakersfield (CA) 	Business Times - Lifestyle
KBEW - The Information Station	Maui Sky - Lifestyle
KLST CBS 8 San Angelo (TX) 	SignalNews Orlando
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Mmminimal - Lifestyle		Hotel E-Guide - Lifestyle	
SignalNews Washington DC		Fairy Tale Ink Books - Lifestyle	
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Chronic Cities - Lifestyle		WWLP NBC/CW 22 Chicopee (MA)	
Duovolt Art - Lifestyle		Easy House Remodeling - Lifestyle	
KTSM NBC 9 El Paso (TX)		Top Hustler - Lifestyle	
KARK NBC 4 Little Rock (AR)		SignalNews Atlanta	
Newsblaze - IN - Lifestyle		PSPL - Lifestyle	
Ribbon.co - Lifestyle		forks to feet - Lifestyle	
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SignalNews Houston		KAMC ABC 28 Lubbock (TX)	

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Pluralist - Lifestyle		Idea Crossing - Lifestyle	
Akron Beacon-Journal		Cosmetic Surgery Insider - Lifestyle	
Bosses Mag - Lifestyle		WHBF CBS 4 Rock Island (IL)	
WFFF FOX 44 Colchester (VT)		NEWSnet Hawaii	
WIVB CBS 4 Buffalo (NY)		NEWSnet Norfolk	
NEWSnet Salt Lake City		WTAJ CBS 10 Altoona (PA)	
WSAV NBC 3 Savannah (GA)		Adam Torkildson - Lifestyle	
Health Source Magazine - Lifestyle		WJW FOX 8 Cleveland (OH)	
Film Television Auditions - Lifestyle		Project Diaspora - Lifestyle	
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KIAH CW 39 Houston (TX)		KAMR NBC 4 Amarillo (TX)	
ketodash - Lifestyle		WDAF FOX 4 Kansas City (KS)	

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1045 Capital Rock		KRQE CBS 13 Albuquerque (NM)	
WROC CBS 8 Rochester (NY)		SignalNews New York	
Sharism - Lifestyle		KLFY CBS 10 Lafayette (LA)	
Therapy But Better - Lifestyle		A Green Sign Lifestyle	
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- [International Development News Today](#)
- [Open Society Foundation News Today](#)

Technology Distribution Channel

- [3D Printing News Today](#)
- [Apple Samsung Patent War News](#)
- [Biotechnology News Today](#)
- [CeBIT News Today](#)
- [Consumer Electronics Show News Today](#)
- [EMS News Today](#)
- [Game Developers Conference News Today](#)
- [Nanotechnology News Today](#)
- [Satellites News Today](#)
- [Semiconductor Industry Today](#)
- [Smartwatch News Today](#)
- [Technology Today](#)
- [Web 2.0 News Today](#)

World Media Directory

Below is the media target list we used to reach journalists. We try our best to maintain media contacts at these outlets but it's up to the individual publishers to choose whether to publish your particular release. Even if they don't publish your releases you've widened your exposure with media professionals.

Egypt Distribution Channel



Egypt

58 targets including :

- 1stHeadlines
- 24 Hours
- Africa.com
- Afrik
- Afrik-news
- Agence de Presse Africaine (APAnews)
- Al Ahram
- Al Ahram Hebdo
- Al Akhbar
- Al Bawaba
- Al Dostor
- Al Jazeera Mubasher Misr
- Al Masry Al Youm
- Al Messa
- Al Shorouk

- Al Tahrir
- Al-Ahram Weekly
- Big News Network

- Al Wafd
- All Africa
- CBC

- Al Watan Al Arabi
- All Africa
- CairoLive

United States Distribution Channel



211 targets including :

- | | | |
|---------------------|--------------------------------|------------------------|
| ■ 1stHeadlines | ■ ABC News | ■ AccesHollywood |
| ■ Agonist | ■ Allegiant | ■ AlterNet |
| ■ America RU | ■ America's Radio News Network | ■ American Independent |
| ■ American Reporter | ■ Arrowhead Pride - Missouri | ■ Benzinga |
| ■ Black Electorate | ■ Bloomberg | ■ C-SPAN |
| ■ CBS News | ■ CBS Sports - Florida | ■ Discovery |
| ■ E! News - Canada | ■ Eur Web - California | ■ FOX Business |
| ■ Fox News | ■ Fox Sports | ■ HuffPost |

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Jana Ahmed Abbas Launches Heroes of 21 to Support Children with Down Syndrome

Distributed on August 8, 2026 19:22 GMT.

[View Release \(Print Friendly, PDF\)](#)

Title: 13 words, 77 characters

Jana Ahmed Abbas Launches Heroes of 21 to Support Children with Down Syndrome

Text: 626 words, 4890 characters

Egyptian entrepreneur Jana Ahmed Abbas launches Heroes of 21, a multilingual educational platform supporting children with Down syndrome and their families. ALEXANDRIA , الاسكندرية, EGYPT, August 8, 2026 /EINPresswire.com/ -- Young Egyptian Entrepreneur ...

Other Links: 7 links

- <https://gamma.app/docs/-1o7uvr2wbw6vntq>
- <https://sanadk-179.created.app/?fbclid=IwdGRjcATd-6tjbGNrBN37omV4dG4DYWVtAjExAHNydGMCYXBwX2lkDDDM1MI>
- <https://www.instagram.com/janabass120?igsh=N3p3cDdoMzNicW1z>

Embedded Images: 3 images

Name: Jana Ahmed Abbas Official Portrait
Caption: Jana Ahmed Abbas, Founder and CEO of Heroes of 21 and Founder of the Sanadak Initiative.

Keyword Anchor Text Links: 3 links

- Heroes of 21 - <https://gamma.app/docs/-1o7uwr2wbw6vntq>
- Sanadk - <https://sanadk-179.created.app/?fbclid=IwdGRjcATd-6tjbGNrBN37omV4dG4DYWVtAjExAHNydgMGYXBwX2IkDDDM1M>
- Jana Ahmed Abbas - <https://www.instagram.com/janabass120?igsh=N3p3cDdoMzNicW1z>



Alt Text: Portrait of Jana Ahmed Abbas, Egyptian entrepreneur, Founder and CEO of Heroes of 21, and Founder of the Sanadak Initiative.

[Full-size Image](#)



Name: Heroes of 21 Official Logo
Caption: Official logo of Heroes of 21, a multilingual educational platform supporting children with Down syndrome and their families

Alt Text: Official Heroes of 21 logo for a multilingual educational platform supporting children with Down syndrome in Arabic, English, French, and Turkish.

[Full-size Image](#)



Name: Sanadak Official Logo
Caption: Official logo of Sanadak, a digital platform dedicated to supporting and empowering women through legal awareness, psychological guidance, and trusted support resources.

Alt Text: Official Sanadak logo representing a digital platform for women's empowerment and support.

[Full-size Image](#)

Embedded Videos: 0 videos

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