

G&J Financial Group Introduces Plan to Help Manage Taxes on 401(k)s and IRAs

Florida-based G&J Financial Group's 'Tax Migration Blueprint' helps retirees and pre-retirees manage taxes on required minimum distributions

FL, UNITED STATES, November 19, 2025 /EINPresswire.com/ -- [G&J Financial Group](#) Unveils 'Tax Migration Blueprint' to Help Reduce Future RMD Tax Exposure

TFRA-based approach seeks to migrate savings from tax-deferred to tax-free structures for retirees and pre-retirees

G&J Financial Group today introduced the 'Tax Migration Blueprint', a step-by-step plan to help retirees and pre-retirees manage taxes on required minimum distributions (RMDs) from 401(k)s and IRAs by gradually moving savings into tax-advantaged accounts.



Giovanni Di Stadio — Founder & Retirement Income Architect at G&J Financial Group. Photo courtesy of G&J Financial Group.

Millions of Americans rely on 401(k)s and IRAs, but as balances grow, so can future tax liabilities. When RMDs begin—generally at age 73, and 75 for some cohorts—retirees may see higher taxable income, potential increases in Medicare premiums, and thousands of dollars in unexpected lifetime taxes. The Blueprint aims to manage and reduce RMD-related exposure by planning earlier and repositioning assets over time.

"Many savers don't realize how much of their nest egg is exposed to future tax changes," said Giovanni Di Stadio, founder of G&J Financial Group and a nationally licensed retirement income professional with more than two decades in financial services. "With a deliberate plan, especially for people in their 50s and early 60s, you can migrate from tax-deferred toward tax-free options, pursuing tax-free growth and income while improving long-term stability."



The earlier you begin purposeful tax planning, the more control you retain over your eventual tax bill.”

Giovanni Di Stadio

How the Tax Migration Blueprint helps

The Blueprint uses tax-free retirement account (TFRA) based planning in coordination with clients and their CPAs to:

- Help reduce or offset future RMD liabilities through staged asset movement;
- Reposition assets from tax-deferred to tax-advantaged or tax-free frameworks;
- Pursue tax-free growth and tax-free income in retirement;
- Emphasize principal-protection concepts to dampen market downside;
- Avoid annual asset-management fees where appropriate to the strategy;
- Build predictable, long-term income plans tailored to household goals.

“The earlier you begin purposeful tax planning, the more control you retain over your eventual tax bill,” Di Stadio added. “Our process is collaborative—we often work directly with a client’s CPA so the tax migration aligns with the broader plan.”

Complimentary Session

G&J Financial Group offers a [complimentary Tax-Free Retirement Session](#) for retirees and pre-retirees who want to understand current tax exposure and evaluate whether the 'Tax Migration Blueprint' fits their situation.

About G&J Financial Group

Based in Florida and serving clients nationwide, G&J Financial Group is led by Retirement Income Architect Giovanni Di Stadio. The firm helps clients reduce risk, fees, and taxes through principal-protection strategies and tax-efficient retirement income planning, and coordinates with clients’ CPAs to align each plan with their broader tax objectives.

To learn whether the 'Tax Migration Blueprint' fits your situation, schedule a Complimentary Tax-Free Retirement Session with G&J Financial Group.

[Schedule Your Tax-Free Retirement Session Here](#)

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