

# Barbara Viniar's Little Bird Brings Turn-of-the-Century New York to Life in a Story of Courage, Independence and Love

*Viniar's Debut Historical Fiction Novel Available Wherever Books Are Sold Beginning Today, Friday, August 15, from Sibylline Press*

GRASS VALLEY, CA, UNITED STATES, August 15, 2025 /EINPresswire.com/ -- [Sibylline Press](#) is

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I wanted to honor the courage it took for women like my grandmother to forge their own paths when so few choices were open to them. Her spirit—and that of so many immigrant women—still resonates today”

*Barbara Viniar, Author Little Bird*

proud to announce the release of [Little Bird: A Novel](#) by Barbara Viniar, a stirring work of historical fiction inspired by the author's own family history. Viniar, a former college president and lifelong advocate for women's voices, delivers a richly imagined portrait of a young Jewish immigrant navigating the challenges of love, survival, and self-determination in 1910 New York City.

In *Little Bird*, Feige leaves her native Russia to escape escalating violence against Jews, sent to marry a wealthy cousin in America. In this new land, she becomes “Fannie,” an obedient wife—until her husband's cruelty pushes her to take a daring step toward freedom. Armed with her embroidery skills and a fierce will, she builds a life on her

own terms, confronting betrayal, defying societal expectations, and ultimately grappling with whether to sacrifice her hard-won independence for love.

The novel draws from Viniar's own discovery about her grandmother's past, blending meticulous historical detail with timeless themes of resilience and self-empowerment.

Viniar will also participate in the Sibylline Authors Women's Equality Day Zoom Event on Tuesday, August 26 at 7 pm ET (4 pm PT). Sibylline Press publisher Vicki DeArmon (*Foghorn: The Nearly True Story of a Small Publishing Empire*) and authors Barbara Viniar (*Little Bird*), Beverly Burch (*What You Don't Know*), and Suzanne Uttaro Samuels (*Seeds of the Pomegranate*) will share how they and their characters navigate inequality – in work, in love and marriage, in faith, and in the wider world. Learn more about this event: [HERE](#)

## Early Praise for Little Bird

"Like the heroine of her timeless novel, Barbara Viniar has meticulously embroidered this story of a talented young woman torn between the tradition she respects and the dreams she can't deny. Within the beautifully rendered flavor of early 20th century immigrant life and haunted by a promise that threatens to undo her resolve, the little bird confronts page-turning obstacles as she dares herself to take flight. - Elyce Wakerman, author of *A Tale of Two Citizens* and *Father Loss*

Barbara Viniar's historical fiction comes vividly to life in all the senses: the motion of the ship, the scent and flavors of old Russia, the sights of New York, loss and wonder in the New World. *Little Bird* is a deeply felt story of new beginnings, of finding one's feet in a new land, a new age, with a new love on the horizon. - Julia Park Tracey, author of *The Bereaved* and *Silence*

Barbara Viniar's writing is wonderfully visual. I felt as if I was entering a time capsule each time I opened it - and each chapter felt so real. I couldn't put it down! - Magda Bogin, author of *Natalya*, *God's Messenger* and *Director, Under the Volcano*.

## ABOUT THE AUTHOR

Barbara Viniar began her career in academia, teaching Women's Studies and writing her doctoral dissertation on women's moral development in contemporary fiction. After retiring from her second college presidency, she turned to creative writing. *Little Bird* is her debut novel. She lives in [insert location] and can be found at [www.barbaraviniar.com](http://www.barbaraviniar.com) or on Instagram at @barbaraviniar.

## Little Bird: A Novel

Historical Fiction | Trade Paperback \$22 | eBook \$5.99

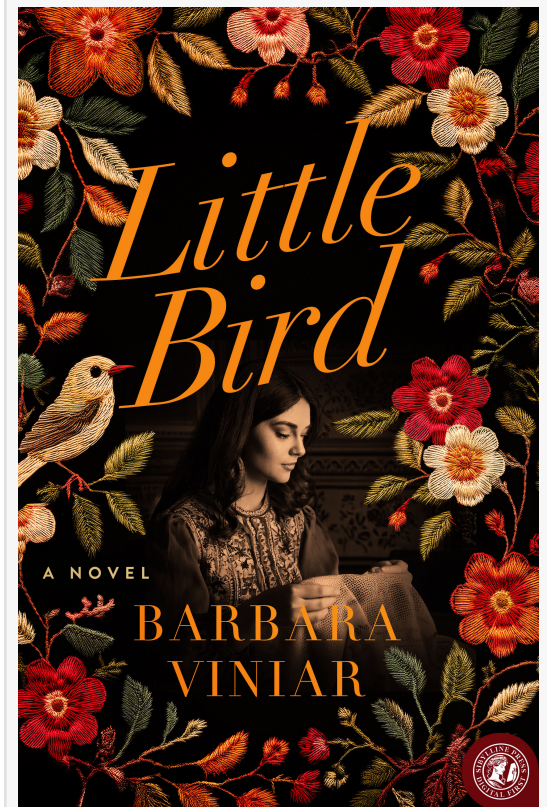
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## About Sibylline Press:

Sibylline Press publishes the brilliant work of women authors over 50, exclusively. Founded in August 2022, Sibylline is owned by seven women of a certain age (five of whom are also authors). The press currently publishes more than 50 titles a year. Recently, they launched a new imprint, Sibylline Digital First, to publish more work from women over 50 with new titles publishing every Friday as part of their "Pub Date Fridays" campaign. Sibylline Press titles encompass the genres



Book Cover, *Little Bird* by Barbara Viniar

of fiction (commercial and literary, as well as mystery, adventure, fantasy, and romance) plus memoir. Sibylline Press takes its name from the Sibylline Scrolls, the ancient writings of wise older women, the Sibyls. More at [www.sibyllinepress.com](http://www.sibyllinepress.com); and follow us on FB and IG @sibyllinepress.

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