

HR Outsourcing PEO Agency Provides Ai Integrated Mental Health Employee Benefits

HR Outsourcing PEO Agency Provides Ai Integrated Mental Health Employee Benefits provide new frontier for Employee Benefits from PEO companies

AUSTIN, TX, UNITED STATES, August 11, 2025 /EINPresswire.com/ -- Yuna Health, a leader in AI-powered mental health coaching, has partnered with ESI PEO, a trusted professional employer organization, to deliver a seamless solution that blends innovative mental health support with comprehensive HR services. Yuna's enterprise-grade platform provides employees with instant, private access to AI mental health coaches, helping them manage workplace stress and burnout without the barriers of traditional therapy. Combined with ESI's expertise in payroll, compliance, and benefits administration, this collaboration empowers businesses to create healthier, more productive workforces while simplifying HR operations. This partnership sets a new benchmark for addressing employee well-being and operational needs in today's fast-paced workplaces.



best peo for medium sized businsses 2026

“

HR Outsourcing PEO Agency Provides Ai Integrated Mental Health Employee Benefits”

PEO Agency Provides Ai Integrated Mental Health Employee Benefits

Meeting Today's Workplace Challenges

With workplace stress affecting 80% of employees and impacting performance (American Psychological Association, 2025), businesses are seeking accessible mental health solutions. Yuna's AI mental health coaches deliver 24/7 support, using evidence-based techniques like cognitive behavioral therapy (CBT) and mindfulness to help employees navigate stress, improve mood, and build

resilience. Unlike traditional employee assistance programs (EAPs), which often have low engagement or long wait times, Yuna's platform boasts 70% daily usage in a six-week beta with 50,000 users. ESI PEO enhances this by streamlining HR tasks—payroll, tax compliance, benefits, and regulatory requirements—freeing businesses to focus on growth. This integrated approach supports both employee mental health and operational efficiency, delivering measurable benefits like reduced turnover and improved productivity.

How the Partnership Works

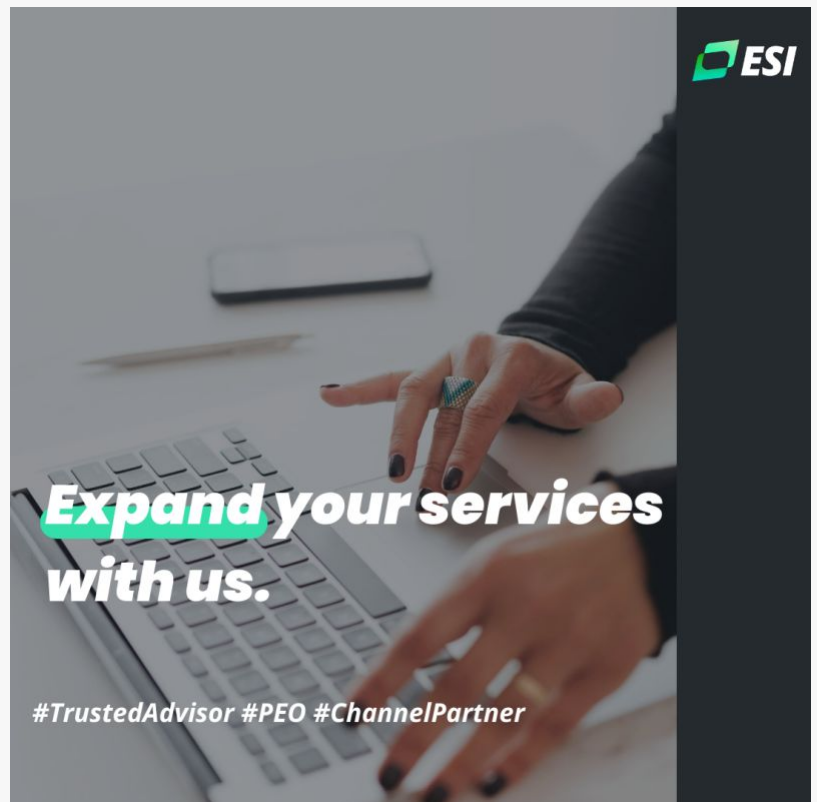
Yuna's AI mental health platform fills critical gaps in workplace wellness by offering immediate, stigma-free coaching. Its privacy-first design uses two-way encryption and anonymized data, ensuring employee trust while providing HR leaders with anonymized workforce insights. ESI's PEO services, tailored for industries like behavioral health and construction, handle complex administrative tasks, from hiring and onboarding to compliance with state regulations. Together, they create a holistic solution that supports employees' emotional well-being and businesses' operational needs, making mental health support and [HR outsourcing](#) more effective and affordable.

About ESI PEO

ESI PEO provides HR outsourcing solutions for small to mid-sized businesses, specializing in payroll processing, benefits administration, workers' compensation, and compliance support. With a focus on high-



best peo for small businesses 2026



best San Antonio PEO company

regulation industries like behavioral health centers, ESI helps clients save time, reduce costs, and mitigate risks. By integrating Yuna's AI-powered mental health benefits, ESI strengthens its offerings, providing a comprehensive approach to workforce management that prioritizes both efficiency and employee satisfaction.

Why This Matters for Businesses

The Yuna-ESI partnership offers a scalable, cost-effective way to address employee mental health while streamlining HR processes. Yuna's AI coaching reduces the financial and logistical barriers of traditional therapy, making mental health support accessible to every employee. ESI's PEO services save businesses time and resources by [outsourcing payroll](#) and compliance tasks, enabling leaders to focus on strategic goals. This collaboration drives tangible outcomes—healthier employees, lower burnout rates, and optimized HR processes—creating a competitive edge.

Opportunities for B2B Partnerships

ESI PEO invites businesses to join its affiliate and channel partner programs, offering referral incentives of up to \$25,000 per client annually. These programs enable B2B providers, consultants, and brokers, to bring innovative HR and mental health solutions to their networks, expanding their offerings with Yuna's AI coaching and ESI's PEO expertise. This is an ideal opportunity for businesses to drive revenue while delivering value-added solutions to workplace challenges.

Key Benefits of Yuna's AI Mental Health



ESI

MASTERING HUMAN RESOURCES

Simplify HR management

- Expert HR support
- Reduce compliance risks
- Streamline payroll
- Improve employee benefits

LEARN MORE

best Austin Human Resource Services



ESI
www.Esipeo.com

Human Resource Outsourcing Services

Ready for 2025 with HR support that scales with your team?

- Expert guidance on HR policies
- On-demand support for employees
- Compliance & best practices covered

Partner with ESI and let's shape a smooth, successful HR journey.

top Dallas Texas Human Resource Outsourcing

Platform Instant Support: 24/7 access to AI mental health coaches for employees anytime, anywhere.

Privacy-Focused: Ensures employee trust confidentiality with encrypted, anonymized interactions.

Cost-Effective: Affordable alternative to traditional therapy or EAPs, scalable for entire workforces.

Evidence-Based: Built with clinical oversight, using CBT and mindfulness for proven results.

High Engagement: 70% daily usage, far surpassing traditional wellness programs.

When properly enabled, teams see 40%+ download and utilization rates across the company.

High effectiveness: 70% of users feel noticeably better after just 1 session with Yuna.

Compliance: Yuna is SOC-2 and HIPAA compliant.

ESI PEO's Core Strengths Efficiency: Reduces overhead by outsourcing payroll, benefits, and compliance.

Compliance: Ensures adherence to federal and state regulations, minimizing risks.

Industry Focus: Tailored solutions for behavioral health, construction, and hospitality.

Holistic Support: Combines HR outsourcing with innovative mental health benefits.

Erik Avery

DIQSEO.com

[email us here](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/829262505>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.