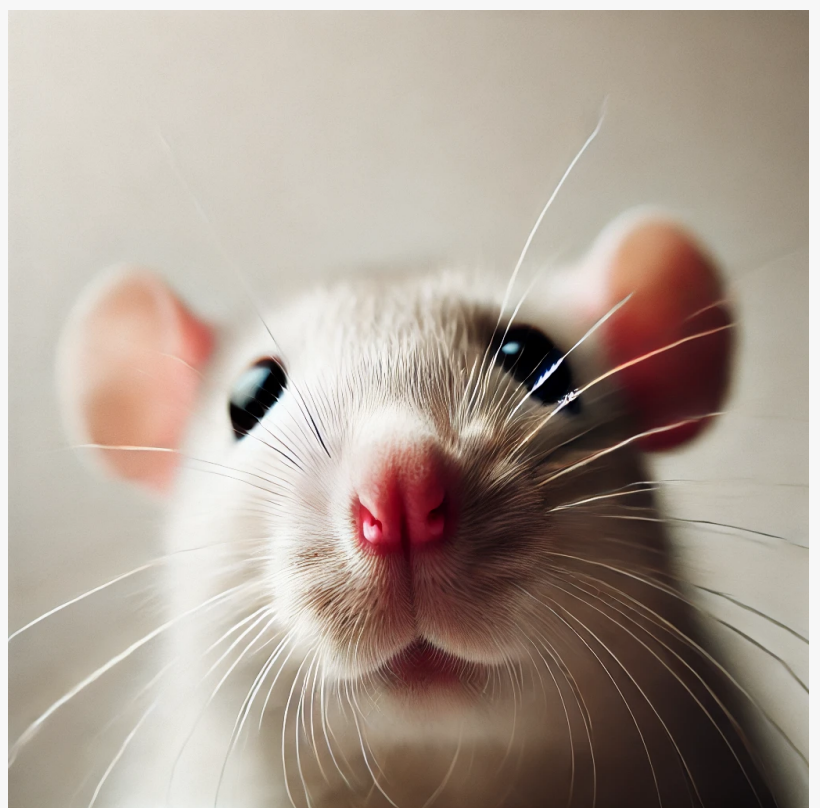


# Rodent Infestations in Air Ducts Raise Health Alarms in Virginia Beach and Williamsburg

*Rodent infestations in air ducts found in Virginia beach to Williamsburg.*

VIRGINIA BEACH, VA, UNITED STATES, July 2, 2025 /EINPresswire.com/ -- Rodent Infestations in Air Ducts Raise Health Alarms in Virginia Beach and Williamsburg

Recent reports from homeowners in Virginia Beach and Williamsburg have brought to light a disturbing trend: rodent urine and droppings found inside residential air duct systems. Local HVAC professionals and [pest control](#) companies are warning residents of the serious health implications this poses, particularly for those with respiratory conditions.



Rodent pest Control

[Rodents](#), including rats and mice, often seek shelter in warm, enclosed spaces like air ducts. When they urinate or defecate in these systems, their waste particles can become airborne, circulating throughout the home each time the HVAC system is in use.

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The health of your family and home can be effected by a rodent infestation that you can not see. Have your homes air ducts cleaned at least one time per year.”

*Brittany Baine*

Here’s an expanded explanation of the disease concerns related to a rodent infestation in your home’s air ducts:

## Health Risks of Rodent Infestations in Air Ducts

When rodents such as rats and mice infiltrate air duct systems, their droppings, urine, dander, and nesting materials can contaminate the air that circulates throughout your home. This creates a serious health risk,

especially for young children, the elderly, and individuals with weakened immune systems or respiratory issues.

#### Key Diseases Associated with Rodent Waste in Air Ducts:

##### 1. Hantavirus Pulmonary Syndrome (HPS):

Cause: Inhalation of airborne particles from rodent urine, droppings, or saliva.

Symptoms: Fever, muscle aches, shortness of breath; can be fatal in severe cases.

##### 2. Leptospirosis:

Cause: Bacteria in rodent urine can enter the body through mucous membranes or small cuts.

Symptoms: Fever, chills, muscle aches, vomiting; in severe cases, kidney or liver damage.

##### 3. Lymphocytic Choriomeningitis Virus (LCMV):

Cause: Contact with infected rodent urine or droppings.

Symptoms:\*\* Flu-like symptoms, neurological complications in rare cases.

##### 4. Salmonellosis:

Cause: Contamination of food or surfaces with rodent feces.

Symptoms: Diarrhea, fever, stomach cramps.

##### 5. Allergic Reactions and Asthma:

Rodent dander, urine, and droppings can trigger allergic reactions and asthma attacks, especially when particles become airborne via HVAC systems.

#### What to Do If You Suspect Rodents in Your Air Ducts

- Do Not Disturb Contaminated Areas:\*\* Avoid sweeping or vacuuming rodent waste, which can send harmful particles into the air.



Inside Dirty air Duct

- Contact Professionals:\*\* Hire licensed pest control and HVAC professionals to safely remove rodents and clean the ductwork.
- Test Air Quality:\*\* Consider indoor air quality testing to assess contamination levels.
- Seal Entry Points:\*\* Prevent future infestations by sealing gaps in walls, attics, and basements.

“Breathing air contaminated with rodent waste can lead to a range of health issues,” said George Pilkington, a pest control professional with Universal Pest & Termite. “These can include allergic reactions, asthma attacks, and in some cases, diseases like Hantavirus or leptospirosis.”

Affected homeowners have reported unusual odors, increased allergy symptoms, and in some instances, visible rodent activity. HVAC experts emphasize the importance of regular duct inspections and cleanings, particularly in older homes or those near wooded areas.

What Homeowners Should Do:

- Have HVAC systems inspected and cleaned regularly
- Seal any openings in attics, basements, or crawl spaces
- Contact pest control immediately if rodent activity is suspected

Health officials recommend that anyone experiencing respiratory symptoms consult a medical professional and consider testing indoor air quality.

For more information or to schedule an inspection, contact your local [Duct Cleaning](#) or pest control provider.

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