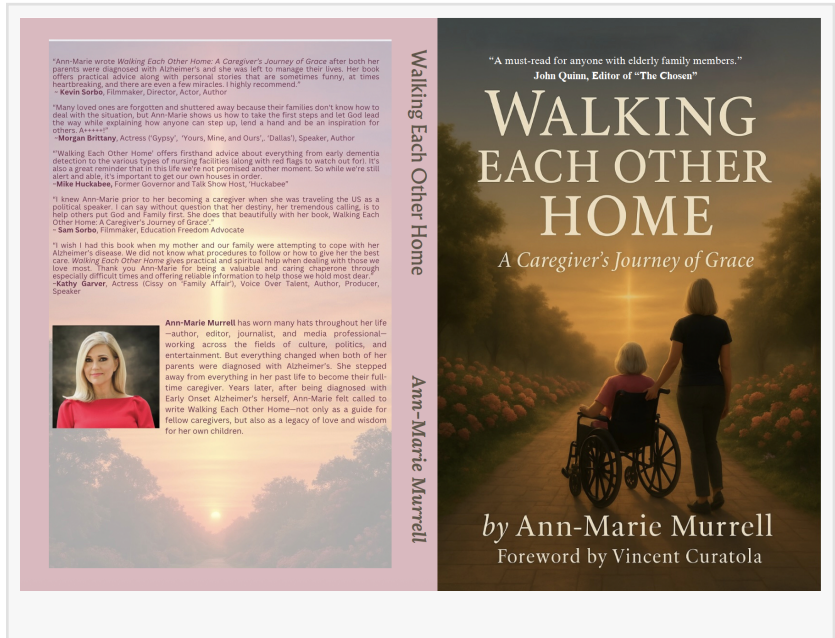


# RELEASING ON JULY 1, 2025: Walking Each Other Home: A Caregiver's Journey of Grace

*"Walking Each Other Home" is a powerful faith-driven guide for caregivers and families facing Alzheimer's and elder care challenges.*

DALLAS, TX, UNITED STATES, June 24, 2025 /EINPresswire.com/ -- [Ann-Marie Murrell](#), acclaimed author, journalist, actress and former political commentator, invites readers into the most personal chapter of her life in her new book, "[Walking Each Other Home: A Caregiver's Journey of Grace](#)," available on July 1, 2025. Self-published through KDP, the book will be available in paperback, hardcover, and eBook formats.



Drawing from her firsthand experiences caring for both of her parents through Alzheimer's disease, and now facing her own 'Early Onset' Alzheimer's diagnosis, Murrell offers a deeply honest and faith-centered exploration of caregiving. "Walking Each Other Home" combines practical advice, spiritual encouragement, and moving personal reflections, anchored in God's timeless 5th Commandment: Honor your father and your mother.

“

Walking Each Other Home offers practical advice along with personal stories that are sometimes funny, at times heartbreaking, and there are even a few miracles. I highly recommend it.”

*Kevin Sorbo, Actor, Filmmaker*

This inspiring guide provides caregivers with real world tools for navigating dementia, Alzheimer's and elder care while offering emotional and spiritual support for the journey. Through heartfelt devotionals and vivid

storytelling, Murrell reminds readers they are not walking this difficult road alone and that even in the most heartbreaking moments, grace, love, and faith can light the way.

“Caring for my parents was the greatest honor, and the greatest challenge, of my life. I wrote

"Walking Each Other Home" not only to help others, but also as a guide for my own children someday," says Ann-Marie Murrell.

Endorsed by leading voices like Kevin Sorbo, Nancy Stafford, John Quinn (Editor of The Chosen), and others, with a forward by Vincent Curatola (Sopranos). "Walking Each Other Home" fills a vital gap for families overwhelmed by caregiving, grief, and life transitions.

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Tamara L Colbert

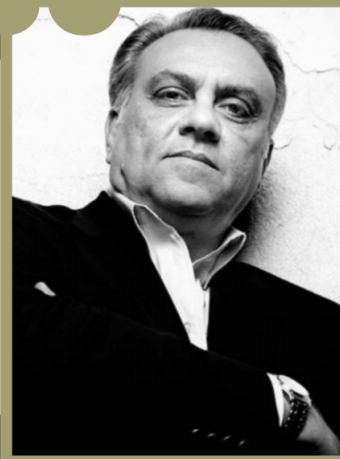
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From Forward for *'Walking Each Other Home: A Caregiver's Journey of Grace'*



I have the privilege and pleasure of knowing one of the "good ones," Ann-Marie Murrell. Ann-Marie is a gifted on-air personality, author, writer and actress...But Ann-Marie left Hollywood and the posh surroundings which she navigated so well to move back to her home state of Texas, to the small town where her mother and stepfather lived. You'll see here in this book how the hand of God guides the hands of a daughter who commits to the Lord's words of 'suffer the little children unto Me'.

Vincent Curatola,  
Actor ('Johnny Sack' on The Sopranos) and Elder Advocate

This press release can be viewed online at: <https://www.einpresswire.com/article/822721694>

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