

KBIR Wellness Introduces Nadi Parikshan to Promote Preventive Healthcare and Wellness

Kbir Wellness expands Nadi Parikshan services across India, offering early wellness detection and personalized Ayurvedic care for men, women, and mental health.

GURUGRAM, HARYANA, INDIA, April 28, 2025 /EINPresswire.com/ -- [KBIR Wellness](https://www.kbirwellness.com/), a reputable name in Ayurvedic healthcare, is proud to share the increasing success of its Nadi Parikshan (pulse diagnosis) services throughout its chain of Ayurvedic wellness centers, known as Aushdhalyas. With over 40 clinics now open across Delhi NCR, the age-old diagnostic method is becoming a trusted health gateway for thousands.

This Kbir's free initiative, conducted by experienced Ayurvedic practitioners, relies on the age-old science of pulse diagnosis - a subtle yet powerful diagnostic tool that identifies imbalances in the doshas (Vata, Pitta, and Kapha) without requiring invasive equipment. Over the past years, over 75,000 people have benefited from this ancient wellness assessment. These individuals have adopted tailored Ayurvedic treatments and natural product usage into their treatment regimen to better tackle their problems. KBIR Wellness conducts regular Nadi Parikshan sessions at locations all over India, such as Gurugram, Rohtak, Sonipat, and Kurukshetra. These people come not only looking for some respite from their disease but also for greater awareness of their condition and for preventing diseases at a very early stage.



The graphic features a close-up of a practitioner's hands performing Nadi Parikshan on a patient's wrist. The KBiR logo is in the top left corner. The title 'नाड़ी परिक्षण' is prominently displayed in the center. Below it, four bullet points in Hindi highlight the benefits: 'नाड़ी बताए आपकी कहानी', 'सही इलाज की पहली सीढ़ी', '5000 साल पुराना ज्ञान', and 'वात, पित्त और कफ दोष पहचानो'. The KBiR logo is shown again in a large orange-bordered box. At the bottom, the text 'आयुर्वेदा | वैलनेस | हैल्थकेयर' and 'KBIR Ayurveda Wellness Healthcare' are displayed.

नाड़ी परिक्षण

- नाड़ी बताए आपकी कहानी
- सही इलाज की पहली सीढ़ी
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Nadi Parikshan

KBiR

आयुर्वेदा | वैलनेस | हैल्थकेयर

KBIR Ayurveda Wellness Healthcare

"At Kbir Wellness, we believe that prevention is better than cure, and Nadi Parikshan enables us to identify early signs of imbalance and lead individuals towards holistic healing," said Naveen Balhara, Kbir Wellness Founder. Within a few minutes, this ancient technique provides profound insight into a person's physical, mental, and emotional well-being. It's really empowering to experience wellness in a personalized, intuitive manner."

Kbir Wellness has incorporated this traditional diagnosis technique into its larger vision: to make Ayurvedic wisdom accessible and practical for daily well-being. As patient footfall increases progressively across all centers, Kbir Wellness seeks to expand its parikshan services to more and more communities throughout India.

Kbir Wellness has incorporated this traditional diagnosis technique into its larger vision: to make Ayurvedic wisdom accessible and practical for daily well-being. As patient footfall increases progressively across all centers, Kbir Wellness seeks to expand its Nadi Parikshan services to more and more communities throughout India. Additionally, it is enhancing the focus of Nadi Parikshan to support both men's and women's wellness, as well as [mental health](#), helping individuals address hormonal, emotional, and stress-related imbalances early through Ayurvedic care.

By integrating Nadi Parikshan into its offerings, Kbir Wellness is not only honoring Ayurvedic traditions but also creating a future where personalized, preventive healthcare is within reach for all.

About Kbir Wellness

KBIR Wellness is committed to promoting holistic health through authentic Ayurvedic practices. With a focus on personalized care and natural healing, KBIR Wellness offers a range of 100+ [Ayurvedic products](#) and services designed to support overall well-being.

Kapil Gupta

Omlogic Consulting Pvt. Ltd.

+91 95828 17980

[email us here](#)

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