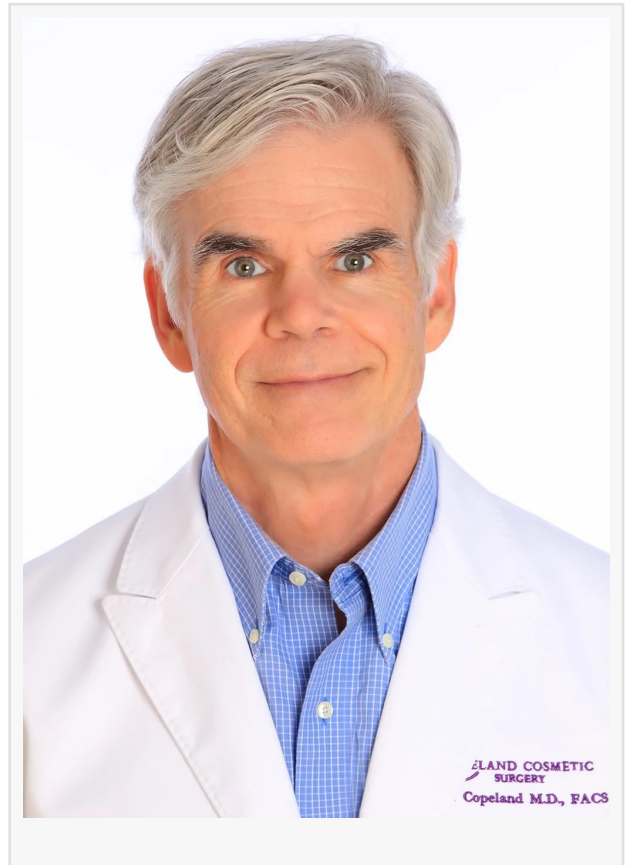


St. Louis Plastic Surgeon Highlights What to Look for in Breast Augmentation Doctor

Dr. Jeffrey Copeland discusses qualifications and criteria patients should research when selecting a doctor to perform their breast augmentation surgery.

ST. PETERS, MO, UNITED STATES, April 15, 2025 /EINPresswire.com/ -- [Breast augmentation](#) surgery is a cosmetic procedure aimed at enhancing the size and shape of a woman's breasts. It involves the placement of breast implants under the breast tissue or chest muscles. There are various types of implants available—most commonly silicone and saline—and each offers different benefits and aesthetic outcomes. Breast augmentation is typically tailored to the patient's desired look, taking into account their body type and personal preferences. [Board-certified St. Louis plastic surgeon](#) Jeffrey Copeland, MD notes that oftentimes, this procedure can boost a patient's self-confidence in addition to improving their body proportions.



Dr. Copeland emphasizes how important it is to choose a qualified plastic surgeon when pursuing breast augmentation, as a highly experienced doctor is more likely to produce satisfactory results and create a safe experience. He encourages patients to evaluate the following criteria when doing their research:

- **Educational Background** – Reviewing a doctor's educational background is crucial when selecting a breast augmentation surgeon because it assures a patient of their qualifications and expertise. A reputable educational history indicates rigorous training and adherence to high medical standards. Surgeons from accredited institutions are more likely to be well-versed in the latest techniques and safety protocols. Additionally, understanding their continuing education efforts helps ensure a doctor stays updated with advancements in cosmetic surgery.
- **Credentials, Memberships, and Affiliations** – Researching a doctor's credentials, professional memberships, and affiliations is an important step, as it signals a provider's recognition and

standing in the medical community. Credentials confirm their specialized training and certification, essential for ensuring high-quality care and expertise in breast augmentation. Professional memberships in respected organizations such as the American Society of Plastic Surgeons demonstrate a commitment to maintaining standards, ethical practices, and continuous education. Affiliations with reputable hospitals or clinics further assure patients of a support system that upholds stringent healthcare standards, enhancing the safety and success of the procedure.

- **Before-and-After Gallery** – A before-and-after photo gallery is a valuable resource when researching a breast augmentation surgeon because it provides tangible evidence of a surgeon's skill and aesthetic judgment. These photos allow a patient to visually assess the results achieved for previous patients, giving insight into a surgeon's ability to meet diverse patient needs and expectations. A portfolio can also help gauge the consistency and quality of a surgeon's work across different body types and surgical goals.

- **Patient Testimonials** – Patient testimonials offer valuable insights when choosing a breast augmentation surgeon as they reflect real experiences and satisfaction levels. These reviews can highlight a surgeon's bedside manner, professionalism, and the quality of care provided. Testimonials often discuss the process from consultation through recovery, offering a comprehensive view of what future patients might expect. Positive feedback about outcomes, comfort during recovery, and a surgeon's responsiveness to concerns help build trust and confidence.

- **Personal Rapport** – Dr. Copeland recommends that patients schedule a consultation with their prospective surgeon to not only ask lingering questions and convey aesthetic goals, but to also assess their comfortability with the doctor. Evaluating personal rapport with a breast augmentation provider helps ensure a patient feels understood throughout their surgical journey. A good rapport fosters open communication where cosmetic desires and concerns can be expressed freely. This relationship is crucial for achieving results that meet a patient's expectations, and provides reassurance during decision-making and recovery.

Since selecting a breast augmentation surgeon is an important decision and can greatly affect successful results, Dr. Copeland recommends that patients do their due diligence when researching potential doctors. He reiterates that patients should feel comfortable with who they choose to increase their chances of a positive plastic surgery experience.

About Jeffrey Copeland, MD

Dr. Jeffrey Copeland, a board-certified plastic surgeon, leads the team at Copeland Cosmetic Surgery. He obtained his undergraduate degree in pre-medical science, then continued onto medical school and residencies in both general and plastic surgery. Dr. Copeland also spent time in a microvascular lab as a fellow and held a chief resident position in general and plastic surgery. He has been serving patients in the greater St. Louis area for decades, regularly performing procedures such as breast augmentation, facelift surgery, and [abdominoplasty](#). He is

a member of the American Society of Plastic Surgeons, The Aesthetic Society, American Medical Association, and more. Dr. Copeland is available for interview upon request.

For more information about Dr. Copeland and his practice, please visit copelandcosmeticsurgery.com and facebook.com/copelandcosmeticsurgery.

To view the original source of this release, click here:

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