

Authentic Blue Zone Longevity Tour Available in Okinawa, Japan

Blue zone tours are now available on the Island of Longevity, a.k.a. Okinawa, Japan.

ONNA VILLAGE, OKINAWA, JAPAN, May 2, 2024 /EINPresswire.com/ -- Okinawa is one of the five Blue Zones of the world, however, the language barrier has been a difficulty for many when it comes to visiting the island to learn more about the health aspects of the Okinawans. Christal Burnette, founder

of Haitai and [tour](#) guide of the Okinawa Longevity [Blue Zone tours](#), has been studying and researching Okinawa's best-kept longevity secrets for a decade. After meeting numerous elder Okinawans, discovering hidden cafes, and visiting every inch of the island, she has curated the perfect tour for someone who is looking for a once-in-a-lifetime experience to remember forever.

“

I have created an experience that no other person could find if they visited Okinawa, Japan. This is not your typical tourist tour. This is personal, engaging, and most importantly: authentic.”

Christal Burnette

Okinawa holds within it unique gifts of longevity meant to be shared with the world, and Haitai tours are designed to teach these health treasures. The purpose of this tour is to discover and understand the essence of authentic Okinawa, immersing oneself in the rich culture, traditions, and foods that define Okinawa's longevity.

After almost a decade of dedication, Haitai stands as the cornerstone of these experiences here in Okinawa. Led by Christal Burnette, an Okinawan health and longevity

specialist, the tours offer a completely customizable and authentic experience, allowing one to explore the island, meet the locals, and truly understand how these islanders live to 100 years old.

Sign up for a tour with the link below:



<https://haitailongevityacademy.com/tours>

Quinton Sanicola

Haitai Corporation

+1 615-266-4326

moai@haitailife.com

Visit us on social media:

[Facebook](#)

[Instagram](#)

[YouTube](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/707392472>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2024 Newsmatics Inc. All Right Reserved.