

Ashok Bharucha, MD Announces New Website

New Website Designed to Educate and Facilitate Access to World-Class Psychiatric Care

SCRANTON, PA, USA, January 16, 2022 /EINPresswire.com/ -- Scranton, PA January 16, 2022 - - [Ashok Bharucha](#), MD, owner of a privately owned solo psychiatric practice announces his new website,

www.transformationspsychiatry.com.

The new website is designed to educate the public and facilitate ease of access to top notch psychiatric care. At a time when access to psychiatric care poses tremendous challenges, particularly in rural and underserved areas, Ashok Bharucha, MD hopes to lend his considerable skills to the Northeastern and Central PA regions.

The need for mental health services is ever more dire as the world struggles to contain the consequences of the COVID-19 pandemic. The skyrocketing rates of depression, anxiety, and other forms of psychological distress are alarming and deserve urgent attention. Ashok Bharucha, MD offers in-person visits at the Bloomsburg, PA location on Sundays from 9:00 am to

5:00 pm, and telepsychiatry services throughout Pennsylvania from Mondays to Fridays 8:00 am to 7:00 pm. Special appointment times can also be accommodated based on need.

“

All that is gold does not glitter, Not all those who wander are lost; The old that is strong does not wither, Deep roots are not reached by the frost.”

J. R. R. Tolkien

An exceptionally well-trained and experienced clinician, Ashok Bharucha offers world-class care at this critical time. Listed as one of the best doctors in America, Dr. Bharucha fervently believes in taking the time to develop relationships that lead to healing. According to Ashok

Bharucha, “Collaborative dialogue focuses on clarification of problems, developing a shared understanding of the issues, fully educating the client about treatment options, and developing



expectations for what may or may not be possible in treatment. While I am a strong advocate of talk therapy, evidence consistently points to best outcomes with a combination of some form of psychotherapy and medication treatments for most serious psychiatric conditions. I consider psychoeducation to be a critically important aspect of this dialogue. Providers often do not devote enough time with the client to educate them about the nature of their condition, its longitudinal course, risk factors for future relapses, and the pros/cons of various treatment options. An undue emphasis on medication management takes precedence over tackling the many areas of their clients' lives that are impinging on their condition but remain unaddressed due to limitations of time and resources."

About Ashok Bharucha, MD:

Dr. Bharucha is a graduate of the internationally renowned McLean Hospital of Harvard Medical School and possesses additional training in geriatric psychiatry from the University of Washington School of Medicine. With thirty years of academic, clinical, and research experience, Dr. Bharucha has been a sought-after clinician and mentor. He does not believe in the "drive through" model of care that currently predominates in the field.

Currently accepted insurances include traditional Medicare, Highmark Blue Shield products, and self-pay. Please check with your insurance carrier for my in-network status.

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