

# Through Preevel, inSight Helps Teens in Recovery

*Knowing where to turn in a crisis can be a difficult time for families. At Preevel, we are proud to help teens in recovery through inSight.*

GLENDALE, CALIFORNIA, UNITED STATES, December 19, 2018 /EINPresswire.com/ -- For over 25 years, inSight has been providing mental health and recovery assistance to teens in Los Angeles. As a CARF certified organization, inSight uses music to change the lives of teens around the country.

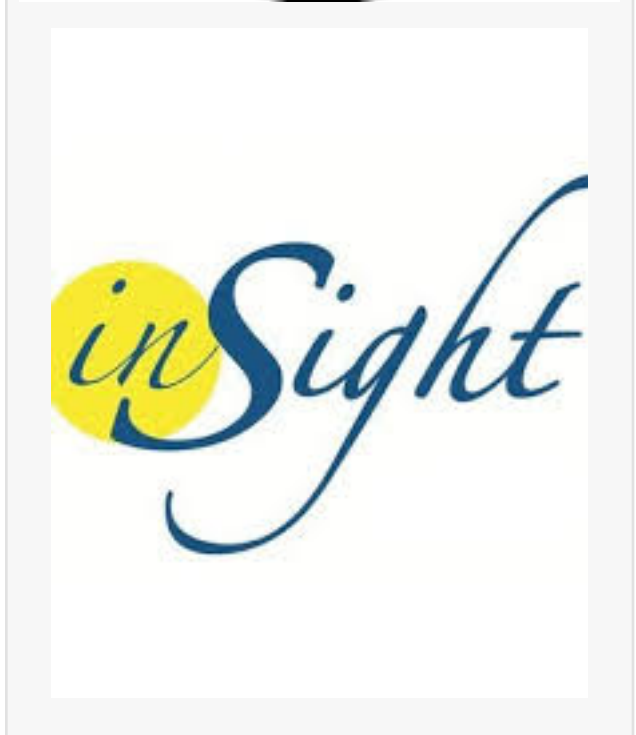
We are incredibly proud to be CARF accredited. The Commission on Accreditation of Rehabilitation Facilities is an international not for profit organization whose mission is to provide organizations with the tools needed to help those in the behavioral health field, especially those focusing on child and youth services and recovery programs.

With a belief in pursuing excellence in all things, inSight works to help teens and their families work through challenging times and learn how to deal with pain in a meaningful way throughout their lives.

Through [Preevel](#), inSight programs are intensive outpatient options for teens and young adults between 14-20 years of age suffering from mental health and addiction tendencies. At inSight, many families have no idea where to start and often feel alone when faced with these tough circumstances. Based on the core belief that adolescent issues can be treated through a holistic approach, focusing on every aspect of a persons life, inSight focuses especially on the emotional, psychological, spiritual, family, academic and biological factors.

Through Preevel, at inSight, we take an individualistic approach to therapy programs, focusing on the unique aspect of each patient, ensuring that we are able to help our patients make a full recovery and also better understand the nature of their illness and how to treat and manage it, while focusing on living fruitful and fulfilling lives.

When inSight was created, there were very few programs designed around recovery and mental health in Los Angeles. As time went on, inSight developed a reputation for addressing the



chemical aspects of co-dependency, self-harm, mental illness diagnosis, and dual symptoms.

At inSight, we believe in providing a safe setting for all patients. Our newly renovated property is situated in a beautiful villa, becoming a safe haven for teens around the country to discover themselves, find inner peace and launch their lives into the world with a sense of belonging.

Through Preevel, inSight believes people belong in community with each other and we gain strength through the support of others around us. While every family chemistry and story is unique, we encourage all of our families that visit us, that through peer to peer support groups, the world we become bright and more hopeful.

Through our unique approach to outpatient therapy, your child will live at home, and come to inSight 4-days a week for 4-hours a day to start treatment and a path to a more fulfilling and complete life.

Although life may seem complicated, and mental health and recovery insurmountable obstacles to climb, through Preevel at inSight, we can offer hope and a brighter future for your child. To learn more, [click here](#).

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