

# Abudo Offers Exceptional Disease Specific Tools to Aid Health and Wellness Education

*Abudo unveils its exceptionally informative tools on disease education and improved quality of life for patients, friends, family and coworkers.*

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/EINPresswire.com/ -- In “November 2017”, Abudo launched its online healthcare platform providing easy and structured disease education to patients, friends and family members. Abudo is an engaging, easy to digest video course provider, offering patients and their families a guideline to take control of their well-being by learning about illnesses, caregiving as well as health and security standards at workplace. Abudo has successfully debuted its [first online course on HIV](#) and AIDS, with the end goal to create awareness and improve quality of life. It aims to bring over 30 more, regarding wellness and disease education with a value addition of exceptionally informative and supporting disease specific tools to your doorstep.



“Our tools are the first of their kind, support documents prepared to aid online patient education”, claims Abudo’s CEO Tariq Khursheed. “We are an authentic and well-researched content provider, engaged in promoting 100% unbiased [patient education online](#) through our patient education website while our tools help you steer through your disease management effectively”

Abudo has more than 70k online health success education disseminators. The tools it provides are supportive worksheets, list of nutritionally valuable and invaluable foods along with guidelines that help a patient and caregiver understand disease management. The company’s vision reflects gaining a competitive edge by providing 100% unbiased and impartial health education through easy to acquire and learn from tools. Abudo talks about taboo subjects and emphasizes on debunking common misconceptions, myths and stigmas associated with diseases and provides valuable guidelines in the form of tools to support the information given. The courses offered are designed for the sole purpose of helping patients and their families understand and manage their illness. All of Abudo’s courses are online and are available 24/7. Interested individuals can simply sign up for a course and access it from their desktop or mobile any anywhere, at anytime with absolutely no age, gender or accessibility restriction. All of this for just \$15 is definitely what makes this platform worth subscribing.

Abudo tools can help patients and caregivers retain missed information as well as utilize them as framework for effective disease management.

About Abudo:

Abudo is an online health success platform providing easy, structured disease education to patients, friends & family members. It believes in passion for creating a better life, by offering a variety of courses including both, communicable as well as non-communicable diseases along with a course completion certification at the end of each course. Abudo offers value adding guidelines and checklists to improve quality of life all while endeavoring to help patients and caregivers manage stress, improve lifestyle and lead a healthy life.

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