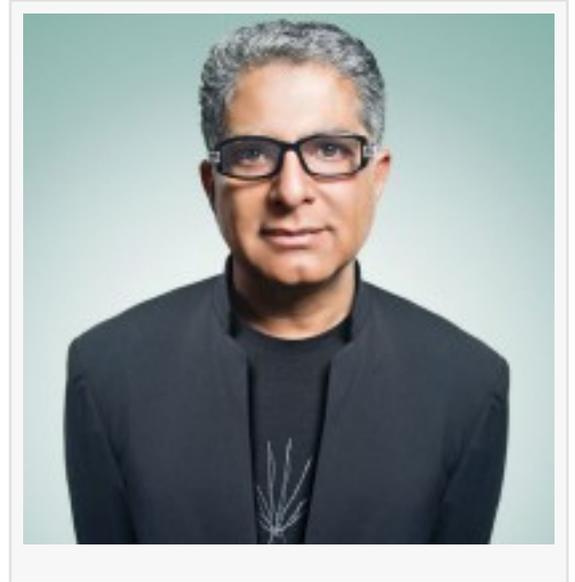


# Deepak Chopra to Discuss His New Book during a 90-Minute Talk on Feb 3 in Palm Springs

*A Unique Opportunity to Spend 90-Minutes with the Wellness Guru*

PALM SPRINGS, CA, UNITED STATES, January 12, 2018 /EINPresswire.com/ -- Palm Springs Speaks presents the second part of their inaugural speakers series, featuring New York Times best-selling author and expert in alternative medicine, [Deepak Chopra](#), M.D., on one of his first stops of a book tour to debut [The Healing Self: A Revolutionary New Plan to Supercharge Your Immunity and Stay Well for Life](#). Attendees will be able to interact with Dr. Chopra during the Q&A portion of this 90-minute event at 7:30pm on February 3, at the Palm Springs High School Auditorium Richards Center for the Arts. Tickets range from \$30 to \$95. A portion of the proceeds from ticket sales benefit the Palm Springs Cultural Center and Friends of the Palm Springs Public Library, who together are presenting the unique speaker series.



Palm Springs, long recognized as a premiere destination for wellness retreats and natural hot mineral springs as well as a plethora of great outdoor experiences, presents this as an opportunity for visitors to the area to combine the evening with Dr. Chopra with a weekend enjoying the desert oasis. Recommendations and ideas for rounding out a trip to Palm Springs can be found at [www.PalmSpringsSpeaks.org](http://www.PalmSpringsSpeaks.org).

Dr. Chopra is the second of three speakers to be featured by Palm Springs Speaks, following Dan Savage in November, and closing out with acclaimed mystery writer, [Lisa Scottoline](#) on March 26.

The Healing Self marks the third collaboration between Dr. Chopra and Rudolph E. Tanzi, Ph.D. The book tackles the issue of lifelong health and heightened immunity. Arianna Huffington calls the book, "A quantum leap forward in the integration of science, medicine, wisdom and health. As Deepak Chopra and Rudolph Tanzi powerfully show, our first line of healing lies inside us, and the choices we make today are crucial to lifelong wellness."

Since 1982, Chopra and Tanzi have revolutionized medicine and how we understand our minds and our bodies. The Healing Self presents groundbreaking input on the importance of the immune system in relation to lifelong health, encouraging individuals to make the right lifestyle choices every day. Additionally, it offers a cutting-edge, seven-day action plan, which outlines key tools to develop an effective and personalized path to self-healing.

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