

Former NFL Dallas Cowboy, Darryl Clack and Grammy® Nominated Songwriter/Singer Dayna Caddell Team Up To Raise Awareness

*March is Autoimmune and Brain Injury Awareness Month
'PUSH For Awareness'*

LOS ANGELES, CA, US, March 14, 2017
/EINPresswire.com/ -- Los Angeles, CA—March 15, 2017—
Former NFL Dallas Cowboy and Arizona State University
football star, [Darryl Clack](#) teams up with Grammy® and
Dove award nominated songwriter and singer, [Dayna
Caddell](#) to continue spreading awareness for autoimmune
illness (AI) and brain injuries with the 'PUSH for Awareness'
campaign during March, autoimmune and brain Injury
awareness month.

Because the entertainment and sports industries rely
heavily on performance, Caddell and Clack have teamed up
to shed light on these rare illnesses to encourage
entertainers as well as the general public, that there is life
after diagnosis.

Autoimmune illnesses remain among the most poorly
understood and poorly recognized of any category of
illness where individual diseases range from benign to
severe.

Brain injuries are unique. The brain can receive several
different types of injuries depending on the type of force and amount of force that impacts the head.

In 2012, Caddell was diagnosed with an ambiguous autoimmune illness—her symptoms; fatigue,
brain fog, achy joints, and chronic inflammation—mimicking
several AI illnesses. To bring more light to AI, she launched
the 'PUSH for Awareness' campaign to encourage and inspire
those suffering from one of the many diseases as well as to
provide a better understanding why there need to be more
effective methods of diagnosis and treatment.

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Clack decided to team up with Caddell to continue the push
after he suffered a stroke in October 2016 brought on by
Thrombotic thrombocytopenic purpura (TTP). TTP is a rare
blood disorder, under the autoimmune umbrella, where blood
clots form in small blood vessels throughout the body. The
clots can limit or block the flow of oxygen-rich blood to the body's organs, such as the brain, kidneys,



Former Dallas Cowboy, Darryl Clack

and heart. As a result, serious health problems can develop including memory loss, concentration, and fatigue.

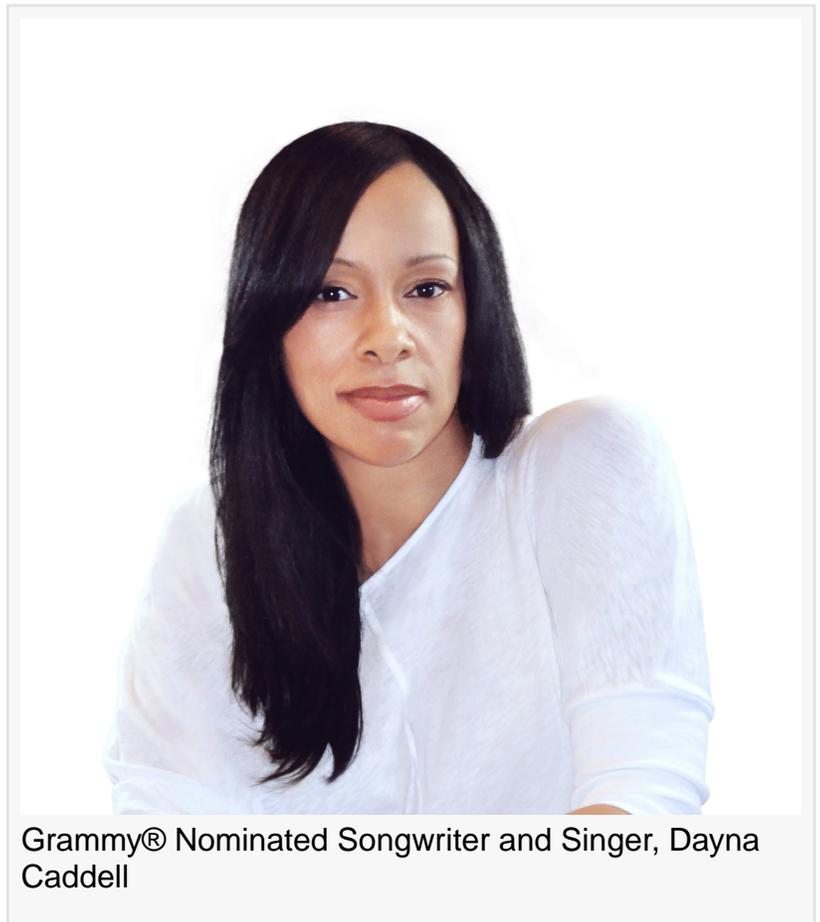
In addition, in July 2016, Clack learned of his stage one dementia diagnose, due to several hits to the head from playing football—repeated head trauma causes cognitive deficits, caused by both illnesses.

Caddell and Clack are also working on separate projects to further rare disease awareness. Caddell is working on a lifestyle blog, and Clack is writing a book.

For more information, please contact Dayna Caddell at www.daynacaddell.com and Darryl Clack at www.darrylclack.com

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Grammy® Nominated Songwriter and Singer, Dayna Caddell

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