

Golden Heart Provides 24/7 In-Home Assistance for Seniors in Ahwatukee

Golden Heart Senior Care has announced a round-the-clock in-home help plan for older adults in Ahwatukee.

SCOTTSDALE, AZ, UNITED STATES, December 8, 2025 /EINPresswire.com/ -- Golden Heart Senior Care has announced a round-the-clock in-home help plan for older adults in Ahwatukee. The plan offers support for memory care for Alzheimer's, <u>24-hour</u> care for dementia patients, companion care, personal care, and steady help in daily tasks. The service is built to give steady support inside the home so that older adults can stay in familiar surroundings. The aim is to offer clear steps that help families manage daily needs for loved ones who live with memory loss or need extra support at all hours.



Overview of the New 24/7 Home Care Plan

Golden Heart Senior Care has set up a plan that brings support into the home at any time of day or night. This plan is made for older adults who need steady help with memory loss, movement, daily tasks, safety checks, or simple company in the home. The plan helps older adults stay in a known place while still getting help with care needs. The service is centered on Ahwatukee so that steady help is close to the local community.

The care team provides help with tasks that may become hard due to memory changes or health changes. Help can include support with bathing, meals, reminders, and safe movement in the home. This setup is built so that families in Ahwatukee have a choice that keeps older adults in a known home setting.

Memory Care for Alzheimer's and Dementia in Ahwatukee

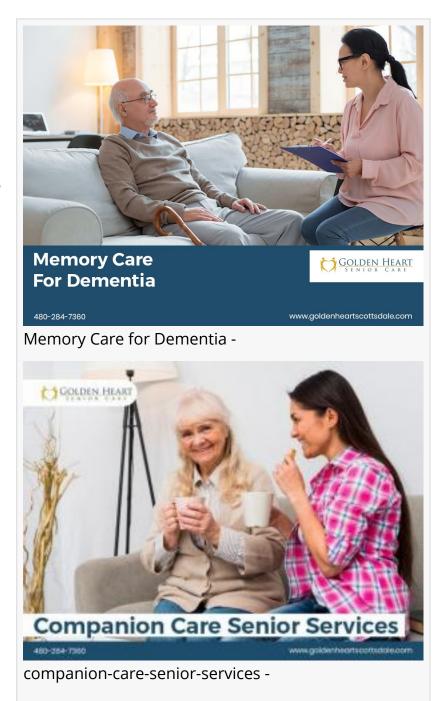
Golden Heart Senior Care now offers memory care for Alzheimer's and dementia inside the home. The goal is to build calm, safe, and steady routines that help older adults stay oriented. The team follows simple steps that support memory, such as repeating daily activities in the same order and using clear cues in the home.

Support for memory care may include:

- ☐ Help with daily tasks when memory loss makes tasks hard
- ☐ Help with reminders for meals, drinks, and medicine
- ☐ Simple routines that lower stress or confusion

This part of the plan aims to meet the daily needs of older adults who face memory loss while still staying in a known environment that supports comfort and safety.

Round-the-Clock Care for Dementia Patients



Golden Heart Senior Care provides 24-hour care for dementia patients who need help each day and each night. Many older adults who live with dementia have needs that can appear at any hour, and this plan provides steady support in the home so that care needs do not go unanswered.

The team works in shifts so that a trained helper is always present in the home. This allows help with movement, hygiene, sleep routines, wandering prevention, and simple comfort support. The purpose is to lower stress for families and keep older adults protected when memory loss or confusion leads to changes in daily habits.

This plan also helps older adults who may wake during the night, pace through the home, or forget steps needed for safety. Steady presence in the home lowers risk for injury and helps maintain calm during periods of confusion.

Companion Care for Daily Life in the Home

Golden Heart Senior Care offers companion care as part of the service plan for older adults in Ahwatukee. Companion care focuses on presence, conversation, simple activities, and help with daily tasks. Many older adults face long hours alone, which can lead to isolation. A steady companion helps keep the home environment active and safe.

Companion support may include: ☐ Light help in daily routines ☐ Simple talks to support mental engagement ☐ Company during meals ☐ Short walks inside or near the home This part of the plan aims to keep older adults active in daily life and also helps with basic safety by having a steady person nearby. Personal Care Support for Daily Tasks Golden Heart Senior Care also offers personal care support for older adults who need help with daily physical tasks. Many older adults find tasks such as bathing, dressing, or movement difficult. Trained helpers assist in ways that protect safety and respect each person's pace. Personal care help may include: ☐ Bathing support ☐ Dressing support ☐ Help with hair and grooming ☐ Help with movement in the home

This part of the service helps older adults stay clean, safe, and steady in daily routines that can become hard with memory loss or health changes.

In-Home Care in Ahwatukee

The service is based in Ahwatukee, making it easier for care staff to reach homes in the area. This helps Golden Heart Senior Care respond in a timely way when care needs rise. Local teams also understand common needs and home layouts in the area, which can support better care planning.

Role of Trained Care Staff

Golden Heart Senior Care uses trained care staff who understand the needs of older adults who live with Alzheimer's, dementia, mobility limits, or other health changes. Training helps staff give care that reduces stress, lowers risk of harm, and builds calm daily patterns. Care staff follow clear routines and safety steps. These steps include safe movement support, calm communications for memory loss, guidance for daily tasks, and checks for risks in the

home. Each staff member also keeps notes on daily tasks to help maintain steady care.

Purpose of the New 24/7 Care Service in Ahwatukee

The purpose of this new round-the-clock plan is to support older adults who need help staying safe and steady in the home. Many families in Ahwatukee face rising care needs as loved ones age. Memory loss, dementia, or physical limits can shift quickly. A 24-hour plan ensures that older adults are not left alone without support.

Golden Heart Senior Care aims to offer simple steps that families can count on. The plan also gives families a way to maintain a home-based life for loved ones instead of moving them into a care center. The service helps by filling in the hours when family members cannot be present.

The overall goal is clear: steady support for older adults in their own homes in Ahwatukee, with care available each hour of the day and night.

About Golden Heart Senior Care

Golden Heart Senior Care supports older adults who want to stay in their own homes. They help with daily tasks like bathing, dressing, and meal preparation, and they provide memory care for those with Alzheimer's or dementia. They also offer companion care to keep older adults engaged and supported throughout the day. For those who need it, they provide 24-hour care to ensure help is always available.

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