

Labs Don't Lie: Patients Report Transformative Results After Completing Dr. Keri's 21-Day Purification Cleanse

GRAND ISLAND, NE, UNITED STATES, December 1, 2025 /EINPresswire.com/ -- [Alternative Answers](#) is announcing impressive patient outcomes following the completion of its 21-Day Purification Cleanse led by Dr. Keri Francl, Certified Doctor of Naturopathy. With registration closing in one week, the clinic encourages individuals seeking a full-body reset to enroll before the December 9 deadline.



The 21-Day Purification Cleanse is designed to break old patterns, calm inflammation, and restore natural energy. Participants routinely describe feeling lighter, clearer, and more balanced, and recent lab results show measurable improvements that support these experiences.

“

Oftentimes, if I see a new patient and they have several out-of-range lab markers, the first thing I do is put them on this cleanse.”

Dr. Keri Francl

“Oftentimes, if I see a new patient and they have several out-of-range lab markers, the first thing I do is put them on this cleanse. The cleanse acts as a reset, and instead of addressing all their nutrient deficiencies via supplements, we can address them through food and nutrition. This is a way more affordable and quicker option to bring patients

back into a more optimal range before we start working with supplements,” Dr. Keri says.

Real Patient Results

Recent participants have seen significant improvements in key metabolic and inflammatory markers, including:

- Dave L. significantly improved 6 out-of-range lab markers back to optimal range
- Keri F. reduced LDL cholesterol markers from 131 to 105 and total cholesterol from 219 to 176
- Ryan F. saw markers improve from 21 to 4 out-of-range, along with better sleep and less pain

These results reflect the cleanse's ability to support detoxification, reduce systemic inflammation, and restore metabolic balance.

What Participants Can Expect

The cleanse aims to support whole-body renewal, with common benefits that include:

- Less bloating, joint discomfort, and fatigue
- Better focus and more restorative sleep
- Brighter skin and healthier hair
- Improvements in cholesterol, blood sugar, and other key lab measures

Program Details

Start Date: January 5, 2026

Investment: \$270

Participants receive a complete Cleanse Kit that includes Veg-E Complete Pro shake, SP Cleanse, SP Green Food, GI Adsorb, and Fiber Support.

Dr. Keri Francl and the Alternative Answers team consider this program one of the most effective ways to reduce inflammation and boost energy in a short period of time.

Registration Deadline: December 9

Due to the structured nature of the program and limited space, Alternative Answers cannot accept late registrations. Individuals seeking a guided reset or a healthier, more energized start to the new year are encouraged to secure their spot soon.

About Alternative Answers

Alternative Answers is a functional wellness clinic in Grand Island, Nebraska that provides naturopathic care, education, and personalized strategies to help patients support their health naturally under the guidance of Dr. Keri Francl.

Dr. Keri Francl

Alternative Answers

+1 308-201-1166

[email us here](#)

Visit us on social media:

[Instagram](#)

[Facebook](#)

This press release can be viewed online at: <https://www.einpresswire.com/article/871636114>

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something

we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2025 Newsmatics Inc. All Right Reserved.