

From Needles to Glow: Grand Madison Acupuncture Bridges Pain Relief and Cosmetic Beauty Services in Midtown NYC

NEW YORK, NY, UNITED STATES, October 27, 2025 /EINPresswire.com/ -- Grand Madison Acupuncture, located in Midtown Manhattan, combines the therapeutic benefits of acupuncture with the restorative principles of East Asian medicine to help patients achieve balance in both their bodies and appearances. The practice offers a thoughtful combination of pain

management and cosmetic care, creating a space where recovery and rejuvenation work hand in hand.

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Dr. Erin Lee

Led by a licensed acupuncturist, the clinic offers personalized treatments that address muscle tension, chronic discomfort, and stress, while also promoting skin health and overall vitality. Their [dry needling in NYC](#) is a specialized acupuncture technique that targets muscular trigger points to relieve pain and restore range of motion. Rooted in centuries-old East Asian practice, it works by stimulating precise points along the body, releasing tension, encouraging circulation, and supporting long-term

healing.

In New York City, dry needling is recognized as a form of acupuncture and may only be performed by licensed acupuncturists. Practitioners trained in anatomy, physiology, and traditional needling techniques are uniquely qualified to perform this therapy safely and effectively. Patients at Grand Madison Acupuncture benefit from this expertise through one-on-one sessions that combine traditional skill with modern understanding of muscle and nerve function.

“Our approach is built on the idea that true well-being comes from treating the whole person,” said Dr. Erin Lee, DACM, founder and clinic director. “Each session blends physical relief with the restorative calm that acupuncture naturally brings. When the body is balanced, the results can be seen and felt inside and out.”

Beyond pain management, the practice integrates facial acupuncture and gua sha for natural skin rejuvenation. These cosmetic therapies promote circulation, support collagen production,

and reduce facial tension, helping clients achieve a refreshed, healthy glow. Together, the therapeutic and aesthetic services reflect the clinic's belief that healing and beauty are interconnected aspects of wellness.

The practice's [acupuncture NYC](#) residents love extends beyond physical recovery. Treatments may also address stress, fatigue, hormonal balance, and sleep disturbances. Each plan is designed to harmonize the body's natural energy, or Qi, supporting both physical health and emotional balance.

About Grand Madison Acupuncture

Grand Madison Acupuncture is a Midtown Manhattan wellness practice specializing in acupuncture and East Asian medicine. Their services include acupuncture, dry needling, cupping, herbal therapy, gua sha, facial rejuvenation, and fertility support. Led by a licensed acupuncturist, the practice provides individualized treatments that restore balance, relieve pain, and promote natural healing for patients seeking holistic care in both physical and emotional well-being.

Erin Lee

Grand Madison Acupuncture

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