

# Ibn Sina Foundation arranges “Muslim Mental Health Conference for Community Leaders”

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HOUSTON, TX, UNITED STATES, May 11, 2022 /EINPresswire.com/ -- [Ibn Sina Foundation](#) (ISF) in collaboration with other prominent community organizations, is arranging the first [Muslim Mental Health Conference for Community Leaders](#) in Houston, Texas on Saturday, May 14, 2022, at Marriott Hotel Sugar Land, Texas.

Mental health is a great challenge faced by people from all walks of life. There is a huge disparity in access to mental health services, especially for lower-income communities. The goal of the conference is to challenge the status quo and inform the community leaders on mental health status, sensitize them on mental health needs, and provide resources; information to promote mental and wellness services.

Further, this conference will be a unique forum to bring together community leaders and professionals to understand the needs and navigate the individuals and families to the right resources. It will also provide an opportunity to engage, discuss, and develop a better understanding of the prevalence, challenges, and resources in managing these conditions.

A substantial number of leaders and professionals from Texas and other States will attend and benefit from the conference. Mayor Houston, Sylvester Turner, as Chief Guest; Congressman Al Green, Guest of Honor; and Attorney General, Keith Ellison, Guest of Honor, and other public officials have been invited to support this conference and promote mental health awareness.

Ibn Sina Foundation was established in 2002 by a group of local physicians, businesses, and healthcare professionals. The vision was to bridge the growing gap between the health care needs of a rapidly expanding population of underserved families and the ability to exist public



health clinics to meet their needs. The Foundation's mission is to ensure the health of the community by providing integrated, preventive, and primary care in a clinical setting through the dissemination and application of health-related knowledge, thereby enhancing the quality of life for future generations. Ibn Sina Community clinics have been providing, low-cost medical, dental, Behavioral, Specialty, and diagnostic services to low-income, uninsured, and indigent patients in the Greater Houston area for many years.

Nasruddin Rupani, Chairman

IBN SINA Foundation

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## Muslim Mental Health Conference

for Community Leaders

A unique conference to host and bring together community leaders and professionals to engage, discuss, and develop an understanding of the challenges and solutions of mental health in the Muslim Community.

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**WHO SHOULD ATTEND?**  
The Community leaders including Imams, institutional leadership, mental health professionals, social workers, teachers, and policymakers.

**AREAS OF DISCUSSION**  
Leader as a Healer; Role of a Community Leader in Mental Health; COVID-19; Mental Health Issues in Refugees, Youth, & Women; Social Stigma; Addiction; and Cultural Barriers in Mental Health

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**SPEAKERS**

 ASIM A. SHAH MD	 FARHA ABBASI MD	 SOPHIA BANU MD	 NIDAL J. MOUKADDAM MD, PhD	 SADIA JALALI MA, LMFT-S
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**VENUE**   
Town Square  
16090 City Walk, Sugar Land, TX 77479

**DATE & TIME**  **Saturday May 14, 2022**  
9 AM to 4 PM

**PARTNERS**



**FOR REGISTRATION SCAN OR VISIT**  
[www.muslimmentalhealthconference.org](http://www.muslimmentalhealthconference.org) 

**Ibn Sina Foundation**  
[www.ibnsinafoundation.org](http://www.ibnsinafoundation.org)  
662-931-5650

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