

CBS Channel 2 Interviews Montvale Dentist on Sleep Apnea Treatments & Oral Appliance Therapy

Dr. Kiwon Lee of Bear Brook Dental Care discusses why he recommends oral appliance therapy as an obstructive sleep apnea treatment during his CBS interview.

MONTVALE, NJ, USA, October 16, 2020 /EINPresswire.com/ -- Featured on CBS Channel 2's "American Health Front" segment, Dr. Kiwon Lee, DDS of [Bear Brook Dental Care](#) discusses why his Montvale, New Jersey office recommends [oral appliance](#) therapy as a [sleep apnea](#) treatment.



Bear Brook Dental Care's Dr. Lee is interviewed about treating sleep apnea with oral appliance therapy.

Obstructive sleep apnea is the most common form of sleep apnea. It occurs when the muscles of the throat relax, and block airway passages. This common sleep disorder affects more than 26% of adults, and can be caused by obesity, high blood pressure, sleep sedatives and muscle relaxers, and more.

“

Many patients consider an oral appliance much more comfortable than a CPAP mask. It's also quiet, portable, and easy to clean.”

Dr. Kiwon Lee, DDS

Traditionally, obstructive sleep apnea has been treated with a continuous positive airway pressure therapy, or a CPAP machine. However, Dr. Lee recommends oral appliance therapy as an alternative for some patients. With a customized oral appliance from a dentist, your jaw will be supported in a forward position while you sleep,

maintaining an open upper airway.

Dr. Kiwon Lee has successfully treated hundreds of patients with obstructive sleep apnea. As a Diplomate of the American Board of Dental Sleep Medicine (ABDSM), he is dedicated to continuing his education post-doctorate. The ABDSM is the nation's leading organization for dentists who treat snoring and obstructive sleep apnea with oral appliance therapy. Patients at

Bear Brook Dental Care can rest easy – earning Diplomate status from the ABDSM is a unique honor recognizing special competency in dental sleep medicine.

In his interview, Dr. Lee walks through the process of being diagnosed and treated for obstructive sleep apnea. After a patient has been diagnosed with obstructive sleep apnea via a sleep study with a specialist, Dr. Lee and his dedicated team at Bear Brook Dental Care step in to create customized oral appliances.

"Working with a sleep specialist, I'll evaluate you for a customized oral appliance, a device that supports your jaw in a forward position while you sleep to help maintain an open upper airway," Dr. Lee stated. "Many patients consider an oral appliance much more comfortable than a CPAP mask. It's also quiet, portable, and easy to clean."

With over 300 5-star reviews from his patients, it's safe to say that Dr. Lee's oral appliance therapy leaves his patients satisfied with their sleep apnea treatment.

You can watch Dr. Lee's interview with CBS Channel 2 about sleep apnea treatment and oral appliance therapy below.

Dr. Kiwon Lee
Bear Brook Dental Care
+1 201-477-2988

[email us here](#)

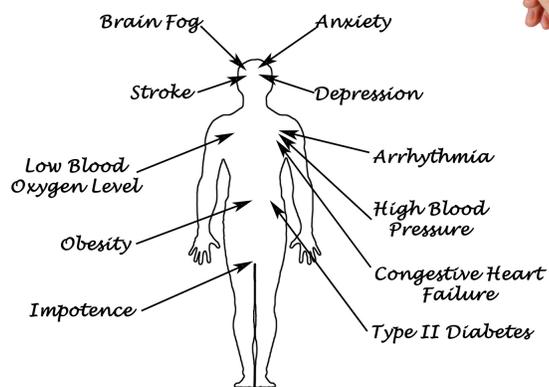
Visit us on social media:

[Facebook](#)



Family members may notice that the sleep apnea sufferer stops breathing while sleeping.

Side Effects From Sleep Apnea



Sleep apnea can cause more severe health issues if left untreated.

EIN Presswire's priority is source transparency. We do not allow opaque clients, and our editors try to be careful about weeding out false and misleading content. As a user, if you see something we have missed, please do bring it to our attention. Your help is welcome. EIN Presswire, Everyone's Internet News Presswire™, tries to define some of the boundaries that are reasonable in today's world. Please see our Editorial Guidelines for more information.

© 1995-2020 IPD Group, Inc. All Right Reserved.