

# Awaken Spirit Gathering Comes to Arizona, April 4 - 8, 2019

*Event includes deep tissue massage, yoga, and other wellness modalities*

PHOENIX, ARIZONA, UNITED STATES, January 14, 2019 /EINPresswire.com/ -- The [Awaken Spirit Gathering](#) is offering five days of holistic engagement and entertainment, April 4 - 8, 2019. Among the drumming, deep tissue massages, and music will be holistic health practitioners and merchants providing healing and wellness services. The event takes place at Sunny Valley Parkway and North 219th Avenue, Surprise, AZ 85387.



[Dreamweaver Foundation Arizona](#), the host organization, projected that up to 4,500 people could attend the gathering.

"If you love being outdoors in rural areas, beautiful stars, camping, dancing, drumming and meeting other like-minded people, then you'll want to come to the Dreamweaver Foundation Arizona Awaken Spirit Gathering," stated event organizer, Lyndal Spirit. "Come and enjoy days of nature, healing, and releasing."

Food, music, fashion, and seminars will be available during the event. Nutrition, environment, and vegan lifestyle presentations are also among dozens of activities. Participants can expect to enjoy and add to a relaxed, friendly environment which includes the ambiance of a beautiful, Arizona rural setting with an urban backdrop.

"The Awaken Spirit Gathering is a great opportunity to bask and contribute to multi-sensory, art, wellness, and healing experiences," stated [Fran Briggs](#), Publicist to Lyndal Spirit. "And, it's ideal for anyone who desires a supportive, environment to cleanse, relax, and retreat from the toxins of the world."

Yoga, Tai Chi, and other movement workshops will be offered each day. Held in the city of Surprise, AZ amidst the pristine sands, the Awaken Spirit Gathering is seven miles from residential homes, a hospital, and restaurants.

Tickets are moderately priced at \$175 - \$225 and are available now. To learn more about the Awaken Spirit Gathering, vendor opportunities, and how to purchase tickets, visit <https://www.eventbrite.com/e/awaken-spirit-gathering-tickets-54506746145>. For additional information including sponsorship opportunities, please contact Lyndal Spirit, (720) 236-4678.

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