



# Autism Fitness Brings Groundbreaking Program to Singapore

<https://autismfitness.com/certification-singapore>

SINGAPORE, SINGAPORE, January 7, 2019 /EINPresswire.com/ -- Long Island, NY Autism Fitness and Fitness Innovations Singapore Pte Ltd, have partnered to bring you two full days of online and live hands-on education. Participants will develop outstanding, effective fitness programs that cater to the specific needs of any individual with autism.

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It's crucial that every professional bring every individual, regardless of age or ability access to exercise & movement programs that meet their needs.”

*Eric Chessen, M.S. Founder of Autism Fitness*

oWhen: May 4-5, 2019

oWhere: Fitness Innovations Singapore Pte Ltd, 55 Newton Road, #05-02 Revenue House Singapore 307987  
<https://fitsingapore.sg/>

oWho: for Fitness Professionals, Behavior Therapists, Special Educators, Occupational and Physical Therapists, Speech Pathologists, Parents, and other professionals

working with the ASD population.

## About Autism Fitness

Developed over 10 years ago and headquartered on Long Island, New York, the goal of Autism Fitness is to bring effective, fun, and meaningful fitness and Adaptive PE programs to as many on the autism spectrum as possible. In that vein, the mission is to educate and enable fitness professionals, special educators, therapists, and parents.

## About Fitness Innovations Singapore

As Singapore's first education, training and certification center we are dedicated to developing world-class fitness professionals. Our learning opportunities also raise awareness amongst fitness enthusiasts surrounding the benefits of a healthy lifestyle by focusing on safe and effective fitness programs, health and nutritional issues.

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Eric Chessen

Autism Fitness

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