

# Quest Nutrition Makes Healthy Pasta Possible With New Pastabilities

/EINPresswire.com/ Eat Pasta again with Quest Pastabilities!

Grab your forks! Quest Nutrition makes it safe to dive into the pasta bowl again with its latest creation—Pastabilities. Maker of the popular Quest Bars and Quest Cravings Peanut Butter Cups, Quest Nutrition adds to its growing menu of delicious offerings with pasta everyone can indulge in.

Quest Nutrition, a health-food and sports-nutrition company that creates products for athletes, fitness enthusiasts and everyday health-conscious individuals, revives a beloved casualty of the low-carb and gluten-free diet movements. New “guilt-free” Quest Pastabilities have none of the carbs, gluten, or empty calories of yesteryear’s pasta.

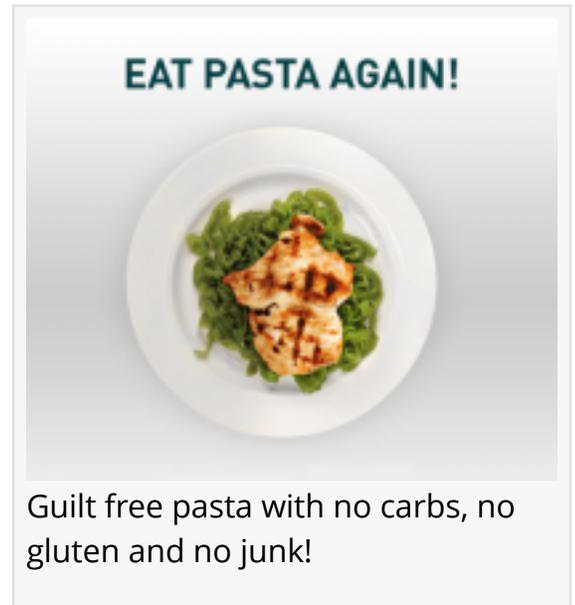
“Quest always strives to do the impossible, like create nutritious foods that still taste great,” says President Tom Bilyeu. “Pastabilities pasta is one of many zero-guilt solutions we’re cooking up to bring so-called ‘guilty-pleasure’ foods back onto healthy people’s plates.”

Boasting zero grams of active carbohydrates, zero grams of fat, and only 10 calories per serving, Pastabilities’ possibilities are endless. The easy-to-cook, deliciously chewy noodles are available in Original and Spinach Fettuccine, and they readily embrace the flavors of any savory sauce or topping added to them.

Quest Pastabilities contain 100% soluble fiber with a heartier texture than al dente noodles, and Pastabilities’ noodles are made from Konjac root (a centuries-old staple in Asian cuisine with hunger-curbing qualities), leaving those who enjoy them feeling full and satisfied.

Have no more pasta fear. Pastabilities are here! Find more details about Quest Pastabilities and order them at <http://www.questproteinbar.com/pastabilities/>.

About Quest Nutrition:



Headquartered in southern California, Quest Nutrition is committed to producing delicious functional foods that make no nutritional compromises. Founded to deliver the highest quality products that help active, health-conscious consumers achieve their goals, Quest has established itself as a premier brand that people trust. Quest products are available at over 6,000 national retailers like The Vitamin Shoppe and GNC and online at the Quest Nutrition website.

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