

What is the difference between Indica and Sativa?

Sativas, Indicas, and Hybrids

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/EINPresswire.com/ -- When consumers talk about marijuana, they typically refer to two primary species of the cannabis plant. The two species of the cannabis plant that are most commonly known are "[cannabis indica](#)" and "[cannabis sativa](#)". But what makes them different, and how can you tell them apart? Both sativa and indica have psychoactive profiles in their cannabis strains, yet are very easy for an experienced consumer to tell the difference. After reading this article, our goal is for you to be able to tell the difference as well.

In this release you will learn the following:

- How are Sativas different from Indicas?
- When Sativas are most commonly consumed.
- Cannabis Sativa Favorites
- How is Indica different from Sativa?
- When Indicas are most commonly consumed.
- Indica Strain Favorites
- How are Hybrid Strains different from Indicas and Sativas?
- Hybrid Strain Favorites
- Plus more

To continue reading please click this link:
<http://quantum9.net/what-is-the-difference-between-indica-and-sativa/>

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Know Your Cannabis.

Indica. Cannabis indica grows as a short, squat and dense plant that grows close to the ground and has more of a body effect. It is often associated with the "couch lock" phenomena. Most criminal growers in the UK grow indica plants due to their short flowering time of about 8 weeks. Indica has many medical effects and is good for treating spasms and insomnia. It is best consumed in the evening or late afternoon.

Sativa. Cannabis sativa grows tall trying to reach the sky. Sativa plants have an uplifting and cerebral effect. Cannabis sativa can take up to 16 weeks to flower so is less favoured by criminal gangs growing for profit. Sativa has many medical effects and is especially good for pain. It is best consumed in the day as it elevates mood and stimulates creativity.

Hybrid. Hybrid strains have some effects from both cannabis indica and sativa. They are a mixture of body and cerebral effects. Most modern strains are some sort of hybrid, some are more indica or sativa dominant.

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