



Liposuction Specialist Offers Advice Amid Wave of New Fat Treatments

Dr. Mark Jewell, a leading liposuction surgeon in Eugene, Oregon, says the surgery is still the most consistent choice among fat reduction procedures.

EUGENE, OR, USA, January 31, 2016 /EINPresswire.com/ -- Dr. Mark Jewell (www.markjewellmd.com), a plastic surgeon specializing in liposuction in Eugene, Oregon, says innovative fat reduction treatments that don't require surgery can be effective choices for some people, but they can't match the dramatic and consistent results achieved by liposuction surgery.

"The recent advances in non-surgical treatments offer some patients an excellent alternative because they are convenient and typically more affordable," Dr. Jewell says. "But these treatments aren't for everyone, and it is important to understand their limitations, as well as their benefits."

Dr. Jewell's liposuction expertise is well established.

The American Society for Aesthetic Plastic Surgery (ASAPS) honored Dr. Jewell in 2004 with the prestigious Tiffany Award, presented annually to one plastic surgeon for the best scientific presentation. Dr. Jewell's research focused on ways to achieve safe outcomes with ultrasonic liposuction. That includes VASERlipo®, a minimally invasive form of ultrasonic liposuction the physician often uses at his plastic surgery practice in Eugene.

Since arriving in Oregon, Dr. Jewell has also participated as a lead investigator during the 10 years of research and testing of Liposonix®, a non-invasive liposuction alternative approved by the FDA in early 2012. In addition, Dr. Jewell in 2010 published an invited commentary questioning the benefit of laser liposuction, becoming the first plastic surgeon to do so.

Dr. Jewell touts the non-invasive fat reduction tools now available to plastic surgeons as ways to target specific areas, including the neck.

"KYBELLA®, for example, reduces the neck fat that causes a double chin," Dr. Jewell says. "For some patients, the injectable treatment is preferable to undergoing liposuction of the neck." Still, Dr. Jewell says, KYBELLA and other non-surgical fat reduction procedures eliminate a much smaller percentage of fat cells than what can be accomplished by liposuction.

"It's simply a trade-off that each patient has to decide upon," he says. "With non-surgical options, you get a lot of convenience but somewhat limited results."

With liposuction surgery, you get more extensive results, but there's also some limited downtime." Additionally, liposuction can be combined with other procedures to tighten deeper structures such as neck lifting.

Patients who are concerned about the downtime following surgical liposuction are often surprised that VASERlipo is much gentler than traditional liposuction techniques and that recovery is faster, Dr. Jewell says.

As one of the leading plastic surgeons in Eugene and throughout Oregon offering VASERlipo and other liposuction techniques, Dr. Jewell also reminds anyone considering cosmetic procedures that choosing an experienced, board-certified plastic surgeon is ultimately more important than the specific device or technique being used.

"Regardless of the approach," Dr. Jewell says, "patients get the best results from surgeons with proper qualifications and training in a variety of techniques."

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Dr. Mark Jewell (www.markjewellmd.com) is a board-certified plastic surgeon serving Eugene, Oregon, who specializes in cosmetic breast enhancement, including breast augmentation, as well as body contouring and facial rejuvenation. Dr. Jewell earned his medical degree from the University of Kansas and has more than 35 years of experience performing cosmetic and reconstructive plastic surgery. He is among the pioneers in the establishment of safety protocols in all facets of plastic surgery and in 2015 became only the fifth individual to be given the Leadership Award by the American Society for Aesthetic Plastic Surgery. He also serves as an Associate Clinical Professor of Plastic Surgery at Oregon Health Science University.

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